HOLISTIC ADMISSIONS CHEAT SHEET

ACADEMIC RECORD & CURRICULUM QUALITY
- GPA
- Credit hours/distribution of coursework
- Rigor
- Grade trends

TEST SCORES
- Within range of high school
- Within range of prospective college
- Improvement or fluctuations in multiple tests

ESSAY/Writing
- Style: vocabulary, rhetoric, grammar, punctuation, spelling
- Story: interesting, insightful

EXTRACURRICULARS
- Clubs, hobbies, community service, household responsibilities, etc.
- Applicable skill sets learned
- Continuity

RECOMMENDATIONS
- Additional academic, extracurricular, and personal insight

“FIT”
- Demonstrated interest
- Interview notes
- Interests and passions align with college/university
- Other “special” qualities