

Appendix 1

Travel time in the Ancient Mediterranean

Fastest travel time

To	From					
	Winter	Summer				
London	Rome		Constantinople		Antioch	
	39	25	62	46	66	53
Rome	London		Constantinople		Antioch	
Constantino	Antioch		Rome		London	
Antioch	Constantinople		Rome		London	

Average time in days

Some approximation

Appendix 2

The arithmetic of distance

From Rome to

	Kilometers	Antiquity	Present-ship	Present-plane
Constantinople	1400	21 days	3 days	2 hrs., 13 min.
Alexandria	2000	15 days	3 days	2 hrs., 56 min.
Verona*	450	14 days	2.3 days	1 hr., 1 min.
Carthage	600	4 days	0.8 days	1 hr., 15 min.

*Overland. Sea route to the closest port (Venice). Add time to get from Venice to Verona.

Ancient times from Orbis; current sea (at an average of 20 knots) from Ports.com; flight time from TravelMath.